

Hair Extension After Care Advice



Failure to follow this advice could result in damage to your natural hair and damage to your extensions.

After the Installation of your Hair Extensions:

- DO NOT WASH for at least 24/48 hours.

This allows the bonds to harden. You can use a dry shampoo on any oily root areas.

The first thing you may notice after your hair extensions have been applied, is that for a few days afterwards your scalp may feel tender and sore. This is normal and will pass, but in some cases, you may be hyper sensitive and it can take up to a week for your hair and scalp to adjust to the new-found weight.

Washing

Your extensions should only be washed between 1-2 times per week. Before washing it is advised to detangle your extensions with a wide tooth com, paddle brush or a Tangle Teezer, and separate the bonds.

It is absolutely essential that you only use shampoo and conditioner that is designed for hair extension use.

When washing your hair DO NOT tip your head over the bath as this can cause tangling, always wash your hair upright.

Smooth the shampoo down the extension hair, DO NOT rub vigorously. Only condition the mid-length and ends of the hair. DO NOT apply to root (bonds) as this can cause slippage.

Once clean, towel dry, squeeze out excess water and pat dry, DO NOT rub the hair together.

Before drying use a heat protection spray and/or serum to protect your natural hair and your extensions.

Drying

First detangle your hair extensions by holding on to your bonds and start at the bottom working your way to the top, making sure to avoid the bonds. Rough dry a little, then section your hair, starting again from the bottom, dry your hair a section at a time. Please ensure you dry your bonds on a lower heat setting. Make sure that each section is 100% dry before moving on.

When your hair is completely dry, you can then style with good quality straighteners, curlers or tongs. Please use your heat protection spray.

Never sleep or do anything without at least drying the roots of your extensions, ideally hair should not be wet when sleeping. The hair should also be in a loose ponytail or plait when sleeping to prevent matting.

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Brushing

Remember your extensions are attached to your own natural hair, pulling too hard or mistreating your extensions can result in your own hair being pulled out. Always take care and try to separate and hold the hair from the bottom, working your way to the root to remove any knots.

Colouring Your Roots or Extensions

DO NOT use home box dyes, we cannot guarantee how these will affect the condition of your extensions. This also makes the manufacturers guarantee invalid.

If you are having bleach/foils, we recommend you have the T-Section done only.

Toning or darkening the roots must be conducted by a trained professional.

Exercise, Swimming and Holidays

Tie your hair in a loose ponytail or plait when exercising to prevent matting.

We advise that you do not swim when you are wearing extensions, as the chlorine in pools and salt in the sea can cause the extensions to discolour, deteriorate in condition and matt.

If swimming is a must then we advise to wear a cap or extensions must be coated with watered down conditioner and tied up securely to avoid chlorine contamination. Wash thoroughly afterwards and apply a mask or generous amount of conditioner.

If you use a sunbed, it is advisable to cover your head with a towel or shower cap, as the UV light can discolour and dry your extensions out.

Refits and Maintenance Appointments

How long in between maintenance appointments depends on each individual client. Your extensionist will recommend the time scales when doing your consultation or application.

Maintenance appointments are hugely important. The extensionist will take any natural shedding away and will move your bonds up. This will keep your own natural hair in a good condition.

Please, if you have any further question on how best to look after your extensions, just ask and we will be more than happy to help.